

## How to delete Cookies and Temporary Internet Files



First of all what are they and why to delete them?

### Temporary Internet Files:

#### What are they?

The temporary internet files are little pieces of the web pages you have viewed saved to your computer. The reasoning behind this is when you visit a web page it takes a few moments for the images and pictures to come up on your screen.

What if the web page save just a little bit of itself on your local computer for later use, then it wouldn't take as long for everything to load because it already has the images and pictures saved on your computer.

These little pictures and images start accumulating on your computer, over time they can begin to take up large amounts of space. These images and pictures can also be a way of tracking your moves on the internet.

#### Why delete them?

They only tend to take up space and as soon as you visit a web site they will start saving themselves all over again. Deleting them tends to help speed up overall computer performance. What little you gain from having them saved on your computer will probably be lost by the computer having to overall manage the saved files.

### Cookies:

#### What are they?

Cookies are little bits of information about you and where you go and what you clicked on while there.

Although most cookies have a legitimate use, some web site can use them for unscrupulous benefits. Good use of a cookie will tell the web page you are visiting, "hey, this is Ken and I am from the US and wish to view your web site in English". Another example, Ebay will use a cookie to remember who you are so you don't have to type in your bidding information every time you wish to bid on something. Other more invasive uses for cookies can include monitoring what other web sites you have gone to and how long you spent there and if you have purchased from other online companies. This can then be used to send spam or junk mail to you or send "pop ups" while you surf.

#### Why delete them?

Well of course those bad cookies we never really wanted anyway but I really don't recommend deleting the cookies unless you really don't care about having to retype your information over and over or you can remember your usernames and passwords. I personally do NOT delete cookies myself as I can't remember all my different usernames and passwords for my various web sites I visit.

## How to delete them?

- Open "Internet Explorer"
- Across the top select "Tools"



- Drop down to "Internet Options" and right in the middle of the screen should be two buttons, one is "Delete Cookies" and the other is "Delete Temporary Internet Files"



- Click them each and you are done